



Masich
internalArts

Private & Small Group Lessons

Private Lesson Guide

PRIVATE ADVICE

1. BOOK EARLY

Much of our schedule is booked up a year or more in advance. Let's block in the date early!

2. FIND A FRIEND

Semi-private and small group lessons can be dynamic, fun and cost effective. Training partners who study together can help each other to improve.

3. PREPARE FOR LESSON

If you think about what you want to work on in advance, you'll probably get more out of your time. Think about what can realistically be tackled in the time scheduled. Review the material before the lesson!

4. BOOK A SERIES

If you book several lessons in advance, we can help you develop a plan for progress. By booking a series you may be eligible for a discount.

5. TAG-TEAM TEACHING

Some students will book a series with Yanira to learn choreography and master fundamentals—then book a lesson or two with Sam for some fine tuning.

Personal Feedback

Many students have experienced accelerated progress from private, semi-private and small group sessions with Sam and Yanira.

Lesson topic, format and schedule can be tailored to meet individual needs. The opportunity for real hands on correction and direct feedback can be invaluable in cultivating higher skill levels.

- Private lessons are generally scheduled for an hour but intensive blocks of study can also be accommodated.
- Lessons can often be scheduled when Yanira and Sam are on tour teaching a seminar in a location near you. Check the 'Calendar' to see where they are and when.

Study groups

Groups of any size can also book Sam or Yanira for closed sessions. Yanira often leads interim study groups that meet between Sam's seminars to review material. Talk to your study-buddies and create a personalized program!



Deep Care *Taiji* Sessions



Need a boost? Treat yourself to a Deep Care *Taiji* Session. Yanira and Sam both have a background in hands-on alignment practices and the Chinese 'Book of Changes,' or *Yijing*. Augmented *taijiquan* sessions with Yanira or Sam—or both together—can be built around your needs. Yanira also offers traditional Mexican *Nagual* (animal spirits) readings.

Office-Dorm

We can accommodate 3-4 people in our 'office-dorm.' Comfy bed, shared WC with shower. Modest kitchen. €15 per night.

Private lesson rates

One hour lesson with Sam

€125 / \$170
(+ €15 per additional student)

One hour lesson with Yanira

€75 / \$100
(+ €10 per additional student)

Small-group Example

Four students book 4 hours small-group private lessons (inc. office-dorm) with Sam

€500 (1st student fee)
€60+€60+€60=€180 (additional student fee)
€15+€15+€15+€15=€60 (1 night office-dorm)
Total cost: €740
Divided equally €185 per student.

Same arrangement with Yanira

Total cost: €480
Divided equally: €120 per student

