

Yang-style Taijido (32) 楊式太極刀

(Chen Yanlin version 陳炎林文本)

Translated and interpreted by Sam Masich (馬希奇)



1. Commencing form

2. Step-up form Seven Stars (left kick style)

3. Left turn form Seven Stars (right kick style)

4. White Crane Spreads Wings

5. Turn Body, Conceal Sabre

qǐ shì

shàng bù qī xīng

zuǒ zhuǎn qī xīng

bái hè liàng chì

zhuǎn shēn cáng dāo

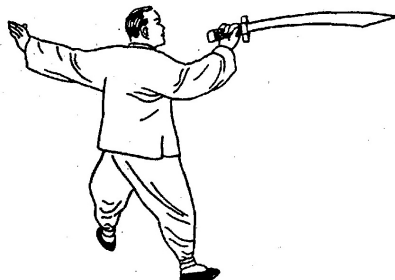
起勢

上步七星

左轉七星

白鶴亮翅

轉身藏刀



6. Diagonal Push Sabre

7. Left Lift-up

8. Right Lift-up (l. lift-up, r. lift-up)

9. Forward Push Sabre

xié tuī dāo

zuǒ liāo

yòu liāo

shàng tuī dāo

斜推刀

左撩

右撩

正推刀



10. Fair Maiden Weaves at Shuttles

11. Level Draw (r. draw, l. draw, r. draw, l. draw, r. draw)

12. Diagonal Push Sabre

13. Turn Body (right); Wind around Head; Conceal Sabre

14. Left-upwards Shave

15. Right-downwards Fanning (l. shave, r. fan)

16. Forward Push Sabre

17. Turn Body; (Wind around Head); Conceal Sabre

yù nǚ chuān suō

píng lā

xié tuī dāo

zhuǎn shēn pán tóu cáng dāo

zuǒ guā

yòu shān

shàng tuī dāo

zhuǎn shēn cáng dāo

玉女穿梭

平拉

斜推刀

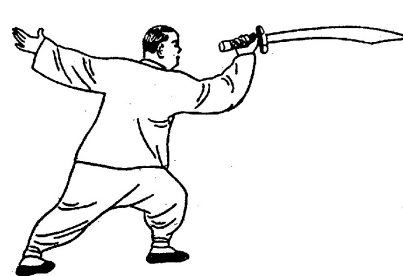
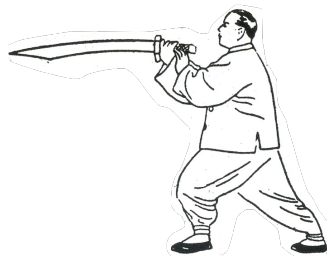
左轉身盤頭藏刀

左刮

右搨

正推刀

轉身藏刀



18. Upper Cutting Sabre

19. Clawing Sabre (+Wind around Head; Conceal Sabre)

20. Upper Cutting Sabre

21. Double Rising Kick

22. Step-back and Hit Tiger (right-style)

23. Mandarin Duck Leg

24. Turn Body (left); Wind around Head; Conceal Sabre

25. Follow the Water's Current to Push the Boat

liāo dāo

lǚ dāo

liāo dāo

èr qǐ tuǐ

chè bù dǎ hǔ shì

yuān yāng tuǐ

zhuǎn shēn pán tóu cáng dāo

shùn shuǐ tuī zhōu

撩刀

捩刀

撩刀

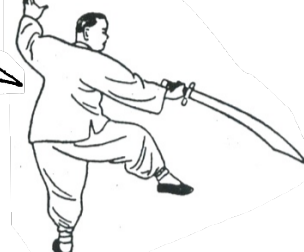
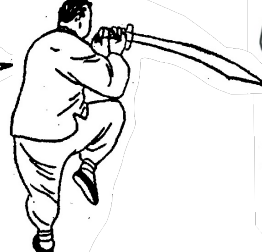
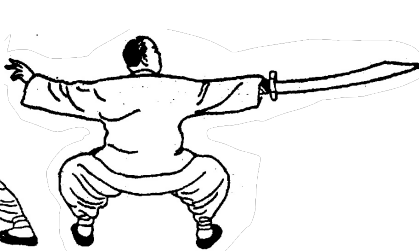
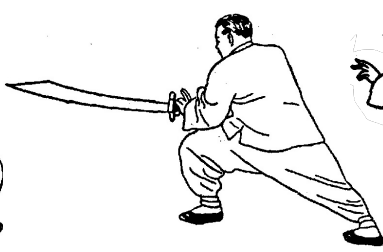
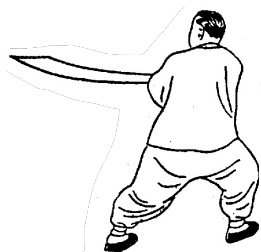
二起腿

撤步打虎勢

鴛鴦腿

右轉身盤頭藏刀

順水推舟



26. Turn Body, Conceal Sabre

27. Step-up, Upper Cutting Sabre

28. Leap and Cut with Sabre

29. Split Hua Mountain

30. Embrace Sabre and Pierce Down

zhuǎn shēn cáng dāo

shàng bù liāo dāo

tiào bù duò dāo

lì pī huá shān

bào dāo cì

轉身藏刀

上步撩刀

跳步剝刀

力劈華山

抱刀刺



31. Turn Body Over, Change-step and Chop

32. Conclusion of the Taiji Sabre

fān shēn huàn bù kǎn

shōu dāo shì

翻身換步砍

收刀勢